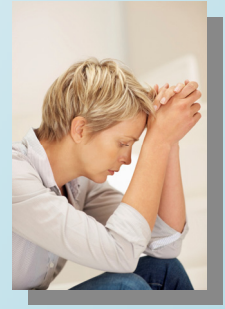


READY TO QUIT SMOKING?

New Laser Therapy Will Help You *Just Stop!*

Just 3 TREATMENTS Over 7 DAYS



SMOKING KILLS nearly 450,000 people annually in the U.S. Another 8.3

million people suffer from smoking-related illnesses. Now, smokers are challenged by the **ever increasing cost of cigarettes** and **strict No Smoking laws**.



Beat the smoking habit and get your life back with the *Just Stop!* Program offered by Dr. Eric Ellingson.

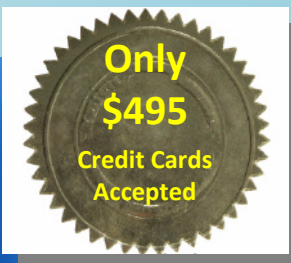
Neurological Stress Reduction Therapy (NSRT), a proven cessation method to help you stop smoking, is worth considering **if you are ready to quit**. Dr. Ellingson performs a non-invasive procedure with the BAX-3000 Cold Laser, which stimulates powerful points on your body.

Just Stop! includes only 3 painless sessions over just 7 days. The first session **reduces your cravings for nicotine**. NSRT is an extremely effective tool that enables you to quit smoking by minimizing your cravings and **strengthening your willpower**.

The second session **eases your mind and reduces anxiety related to withdrawal**. Some of the largest stumbling blocks to becoming smoke-free are the stress, anxiety, and depression associated with quitting. Fortunately, NSRT **calms the nervous system, relaxes the mind, reduces anxiety, and alleviates depressive feelings**.

The third session concludes with the **detoxification process**. Cigarettes contain dozens of harmful chemicals that you inhale into your system each time you smoke. NSRT cleanses your body of the toxin build-up caused by your smoking habit. **Ridding your body of these substances is very helpful in quitting the habit and avoiding relapse**.

In conjunction with the BAX-3000 Cold Laser treatments, Dr. Ellingson prescribes special herbs to be taken during the 7-day program. The herbs are **safe and highly effective at eliminating toxins and reducing your cravings between sessions**. While a significant number of patients report no desire to smoke after the first or second session, finishing the entire program helps ensure a lasting effect.



Call To Schedule Your Appointment!
919.541.9311

You can stop smoking in just one week!



Ellingson Wellness
chiropractic, allergy & whole health care